



AT THE MOVIES

La La Land
WK 6 - Aug 6

Announce

1. Sports Camp is coming up! (Aug. 27-31)There are positions for volunteers from supplying food to being a coach!
2. The renovations at the Winchester campus are moving ahead and volunteers are needed. Anyone willing and skilled at a trade (framing, drywall, painting) can contact the office for information.
3. New online giving options: CIBC, RBC and TD. Contact the office for account number.

Follow up

1. Did everyone memorize Matthew 22:37? Read it once again as a group.
2. Did anyone manage to spend 30 minutes alone focussing on God? Any stories from doing that?

Connect

1. Has anyone starred in a musical?

Engage

1. Read Ephesians 2:10
2. The world calls us to self fulfillment and self realization. Can you name some examples?
3. The Bible calls us to self denial, have you heard conflicting messages on this from 'christian' teachers? For a biblical picture of self denial read Galatians 5:13-26
4. The passage used the term free, how do you think the course to freedom is self denial?

Next Steps

1. Writing something out by hand is equivalent to reading it 7 times. Write out Ephesians 2:10 seven times this week and see if you have memorized it.
2. Challenge: This week identify something you normally would indulge in; junk food, netflix, sleeping in, computer time, T.V., and choose to deny yourself that activity once during this week. Write down: What feelings did it make you have? Was it harder than it should have been?

Bottom Line

The Christian life is not about self promotion but about self denial. (Galatians 2:20)

Pray

Read Psalm 23 as a prayer together. (use the message or the NLT version if you can)

Pray for one another.