

STUDY GUIDE

April 27



STAY IN THE LOOP

Announcements

- All ladies are invited to our Women's Health Night on Monday, April 28, from 7 to 9pm. Join us as Michelle Aziz shares an inspiring talk titled "Reflecting God's Image in Our Lives."
- The Winchester Campus spring clean-up is May 3rd. Please join us for a day of work to make our facilities look great inside and out!

START WITH PRAYER

Use this Prayer Prompt

Praise God for being our ever-present help in trouble. Thank Him for never leaving us alone, even when our hearts are overwhelmed with fear. Ask God to help us surrender our fears to Him, replace our anxious thoughts with His peace, and give us the courage to trust Him fully.

STUDY THE BIBLE

Think through and discuss your reactions as you read through Scripture:

Proverbs 3:5

John 14:1-6

Hebrews 11:1-7

James 1:2-6, 12

John 10:10

STIR UP DISCUSSION

How does this week's teaching affect me personally?

1. Can you share a time when fear took over and made you react in a surprising or irrational way? Looking back, was it more of a

real threat, or was it False Evidence Appearing Real (F.E.A.R.)? How might you respond differently now with God's truth in mind?

2. Proverbs 3:5 encourages us to trust in the Lord with all our hearts. What does that look like in the context of everyday fears (like finances, health, relationships)? How can we shift our mindset from fear to concern — and from concern to trust?
3. Hebrews 11 is full of stories where faith led people to do amazing things. When have you had to rely on faith when you couldn't see the outcome? What helped you push through the fear or doubt in that moment?
4. Is there an area of your life where you struggle to hand over full control to God? Why do you think that is, and what might it take for you to surrender that part of your heart to Him?
5. Using the metaphor from the message — if God is the Maker of the chair and you know He designed it to hold you, why is it sometimes hard to sit? What are some lies or fears that make you hesitate, and how can Scripture help replace those lies with truth?

STEP INTO ACTION

Let's try to apply this by taking some Next Steps.

1. **Create a "Faith Over Fear" Journal.** Write down fears or worries you're currently facing. Find a Bible verse that speaks truth into that fear.
2. **Take One Bold Step of Trust.** What is one area in your life where God is asking you to trust Him more? Then commit to:
 - Take one intentional step this week to surrender that area (pray, make a decision, forgive someone, start something new, stop something toxic).
 - Share it with someone in the group or a friend for accountability and encouragement.