

STUDY GUIDE

October 12

STAY IN THE LOOP

Announcements



- Join us on Sunday, October 26, from 11:30am–1pm for a fun Chili Cookoff fundraiser in support of the Nicaragua Mission Trip (Kemptville)! For just \$10, you'll get to sample 6 secret chili recipes and cast your vote to crown Southgate's Best Chili Cook of 2025. Tickets are available in the lobby or on ChurchCenter - don't miss it!

START WITH PRAYER

Use this Prayer Prompt

Praise God for giving us His Word and Spirit to guide and transform our minds daily. Praise God for the next generation of believers rising up to lead with faith, courage, and purity in today's world. Pray for wisdom and strength to live faithfully in a digital world - to be shaped more by Jesus than by screens or culture.

STUDY THE BIBLE

Think through and discuss your reactions as you read through Scripture:

Romans 12:2

Daniel 1:8

Matthew 28:18–20

Philippians 4:8

1 Timothy 4:12

STIR UP DISCUSSION

How does this week's teaching affect me personally?

1. Who is shaping you most - Jesus or your screen? What are some ways technology shapes your thoughts, desires, or habits without you realizing it? What are some habits that can help renew your mind and keep Jesus at the center of your formation?
2. How can you live "faithful in Babylon" without becoming afraid of Babylon? Daniel didn't run from his culture - he lived faithfully in it. What might that look like for you at school, work, or online? What's one area where you need to "resolve not to defile yourself" - to set a boundary that protects your heart and faith?
3. What does it mean for your home (or your life) to be on mission? How can you use technology as a *tool* for discipleship rather than a *distraction* from it? What's one simple digital practice (like prayer alarms, Bible apps, or serving online) that could help you live out the Great Commission?
4. What filters your mind and shapes your focus? When you scroll or stream content, how do you decide what gets through your "filter"? What practical filter could you put in place this week (an app limit, accountability, or daily verse reminder) to help your mind stay on what's true and lovely?

STEP INTO ACTION

Let's try to apply this by taking some Next Steps.

1. **Start your day with Scripture before screens** - choose "Bible before phone" to set your focus on Jesus first.
2. **Set healthy digital boundaries** - create a weekly screen Sabbath or family media plan that prioritizes real connection and rest.

3. **Use technology for discipleship** - follow voices that point you to Christ, use prayer reminders, or share encouraging content that builds others up.