

# STUDY GUIDE

May 31

## START WITH PRAYER

*Use this Prayer Prompt*



Father, Thank You for Your mercy shown to us through Jesus Christ. Help us to see worship as more than songs or Sunday gatherings. Teach us to surrender every part of our lives to You as living sacrifices. Open our hearts to trust You more deeply, to release what we have been holding onto, and to respond to Your grace with wholehearted devotion. May our lives bring honor and glory to You. Amen.

## STUDY THE BIBLE

*Think through and discuss your reactions as you read through Scripture:*

- Romans 12:1
- Romans 3:23
- Psalm 63:4
- 2 Samuel 24:24
- Matthew 16:24

## STIR UP DISCUSSION

*How does this week's teaching affect me personally?*

1. The sermon emphasized that "movement is not the same thing as transformation." What are some ways Christians can appear spiritually active without actually growing in surrender to God?
2. Paul says that worship begins "in view of God's mercy." How does remembering God's grace change the way we approach worship, obedience, and spiritual disciplines?
3. What is the difference between worshiping to earn God's approval and worshiping because we have already received His

mercy? Why is that distinction so important?

4. The sermon described worship as something that happens throughout the week, not just during a church service. What are some everyday acts that can become genuine worship when offered to God?
5. Why do you think surrender is often so difficult? What are some areas of life that people tend to hold onto most tightly instead of placing in God's hands?
6. The sermon suggested that physical expressions of worship (such as raising hands) can sometimes help teach the soul. How do our physical actions influence our spiritual lives? Are there practices that have helped you engage more fully with God?

## **STEP INTO ACTION**

*Let's try to apply this by taking some Next Steps.*

### **1. Identify One Area to Surrender**

Spend time in prayer this week asking God to reveal one area of your life that you have been holding onto—whether it's a fear, habit, relationship, dream, or burden—and intentionally place it in His hands.

### **2. Practice Everyday Worship**

Choose one ordinary activity this week (work, parenting, serving, studying, exercising, etc.) and intentionally offer it to God as an act of worship, thanking Him and seeking to honor Him through it.

### **3. Respond to God's Mercy Daily**

Each morning, spend a few moments reflecting on God's grace before beginning your day. Let your obedience, decisions, and attitudes flow from gratitude for what Christ has already done rather than from a desire to earn His approval.